



Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1	2
		BBQ Rib Sand. Green Beans Carrots & Dip Baked Chips Fruit Milk	Sausage Grav.& Bisc. Tator tots Corn Pineapple Apple Slices Milk	Cooks Choice
5	6	7	8	9
Sloppy Joe Baked Beans Corn Applesauce Orange Wedges	Chicken & Noodles Mashed Potatoes Sweet Potatoes Mixed Fruit Pineapple	Grilled Cheese Tomato Soup/ Goldfish Crackers Veggies & Dip Peaches Strawberries	Nachos Spanish Rice Refried Beans Banana Baked Apples Milk	Cooks Choice
12	13	14	15	16
Country Fried Steak Gravy; Roll Mashed Potatoes Peas Mixed Fruit Applesauce	Mini Sub Green Beans Buttered Carrots Orange Wedges Pineapple	Br. Chicken Sand. California Blend Veg. Veggies & Dip Pears Peaches	Spaghetti Garlic Toast Salad Broccoli & Cheese Banana Apple Slices	Cooks Choice
19	20	21	22	23
 <b>NO SCHOOL</b> Snow Make-Up Day	Chili Soup/Crackers Corn Tom & Cot Cheese Mixed Fruit Applesauce	BBQ Chicken Sand Veggies & Dip Green Beans Peaches Strawberries	Cheeseburger Fries Salad Banana Apple Slices	Cooks Choice
26	27	28	1	2
Chicken Nuggets Buttered Carrots Broccoli & Cheese Peaches Pears	Ocean Treats Smile Potatoes Corn Mixed Fruit Orane Wedges	 <h3>Nutrition Byte</h3> <p>Take your time eating and chew slowly. It takes 20 minutes for your brain to tell your body that you are full.</p> 		

Milk Will Be offered With Evey Meal. A chef salad or jammer sandwich will also be offered every day.

### BREAKFAST



Pop Tarts  
Juice  
Milk

### TUESDAY

Pancake Sausage Stick  
Juice  
Milk

### WEDNESDAY

Sausage, Gravy & Biscuit  
Juice  
Milk

### THURSDAY

Breakfast Pizza  
Juice  
Milk

### FRIDAY

Cinnamon Roll  
Yogurt  
Juice  
Milk

A variety of cold cereal will also be offered every day as a main item for breakfast.

